

HUMAN HAIR

Maintaining Your Wig or Hair Enhancement

TOOLS NEEDED:

- Styrofoam or canvas head, T-pins, large tooth comb, vent style brush
- Basin, baking soda
- Shampoo, conditioner, light styling gel
- Optional: blow dryer, rollers, curling or flat iron

STORAGE:

Keep hair on a styrofoam head, in a cool, dry place.

Keep away from bright light to prevent fading.

Always have it combed to your desired style (to help prevent tangling) and ready when you need it.

CLEANING AND MAINTENANCE:

It's only necessary to shampoo your hair system every 3-4 weeks under normal circumstances. If needed, it can be done more often.

- Fill a basin with tepid water.
- Add about 1 tablespoon of baking soda.
- Soak hair for 5 minutes to loosen any buildup of styling products.
- Add 1 teaspoon of recommended shampoo to basin and swish hair lightly in solution. Do not wring or twist (which could cause tangling); you just want to make sure the hair is completely immersed in the solution.
- Rinse with tepid water until the water runs clear and all of the solution is removed from the hair.
- Use a hand towel to pat dry and place hair loosely on the styrofoam head.
- Comb into desired style to dry overnight.

STYLING:

Once hair is mostly dry, you can blow dry or set it with rollers.

If you prefer to use a curling or flat iron, make sure hair is totally dry before styling.

HUMAN HAIR EXTENDED WEAR

Hair system is attached to the head with medical grade adhesive and worn for up to a month.

It is very important to have a properly fitted system to assure the best adhesion.

There are several types of bonding adhesives available on the market today. I recommend talking with a professional for the correct type of adhesive to fit your desired hold:

- **Silicone or Soft Bond** is most widely used by my clients. It holds for up to a month, with a front tape change weekly. It does not drip or run and feels quite comfortable.
- **Hard Bond** is kind of like “super glue” for the scalp. This is an option if the soft bonding doesn’t hold well enough. Some clients prefer this type. It is recommended to do a skin test before using this product.
- **Ghost Bond** is also a soft bond adhesive that some of my clients prefer. It goes on white and dries clear and will usually hold for about 2 weeks.
- **Aqua Bond** is popular for use with lace fronts or full scalp attachments. It also goes on white and then dries clear.

All of these adhesives are waterproof and should stay attached while swimming or showering, then can be easily released with an oil-based adhesive remover.

We usually apply double-faced tape to the perimeter first and then apply a thin coat of the adhesive to the tape. I recommend applying a thin coating of scalp protector to your skin before attaching the adhesive. It helps to shield your scalp, and most of my clients feel it helps to hold the system better. I always recommend cleaning your scalp with a thin cloth dampened with alcohol to remove any oil residue before reattaching.

Discuss with your professional what type of tape and adhesive works best for your hair system. There are several base designs, and certain tapes work best with each kind.

TO ATTACH YOUR HAIR SYSTEM:

- Prepare scalp by properly cleaning and removing any oily residue with a swipe of alcohol.
- Prepare the cleaned system by wiping the perimeter with alcohol.
- Place the proper tape around the perimeter with a few dabs of adhesive on the tape if needed.
- Using your thumbs, place the system onto your scalp and roll back, smoothing the system to a secure, wrinkle-free fit. Hold the system down for a few minutes before styling. It’s a good idea to practice this step first without tape or glue to help ensure proper placement.

CLEANING YOUR EXTENDED WEAR HUMAN HAIR SYSTEM:

- Dampen with warm water (this can be done while showering).
- Using ¼ teaspoon of gentle cleansing shampoo, make a lather in your palms before running your fingers lightly through your hair to clean it; there's no need to scratch or scrub.
- Rinse well, making sure all shampoo residue is out and water runs clear.
- Remember, the less you wash, the longer it will last.

Some clients choose to lift the front of their hair system, remove the tape, wipe the area with alcohol, and then replace with fresh tape. This will help with the overall adhesion.

Many clients come in to the salon for monthly maintenance. We wash, cut, and style their hair along with rebonding their hair system. Clients then often change to the "other one" that we have in stock. We suggest having two hair systems at all times, in case one needs maintenance.

YOU NEVER KNOW...

One client lit his grill, and the front of his hair system became singed in the process! There was no real damage to him or his hair, but it looked rather "fried."

Another client decided to dive into the ocean wearing his "too loose" system, and when he came out of the water, his wife kindly pointed out to him that his hair was gone!

...So, I always suggest having a spare.

If you are a DIY kind of person, here are some suggestions for

REMOVING YOUR EXTENDED WEAR SYSTEM:

LACE FRONT:

1. Spray alcohol lightly to your front hair line while holding a cloth over your eyes for protection. Lift the front of the system away from your scalp, leaving the tape attached to your skin. This will help to prevent hair loss or stretching in the front since the lace is so delicate.
2. Then spray the rest of the perimeter with an oil-based adhesive remover to release the system from your scalp. Pull up gently from front to back. Remember, "oil releases glue." Once the system is removed, you can lift away any tape, and clean and style the system as instructed by your stylist.
3. For your scalp: Use a deep cleansing shampoo and lather twice. Wipe your clean scalp with alcohol to ensure all oil has been removed.

POLY or SKIN FRONTS: Skip step 1 above, and proceed.

Please inform us of any questions or comments regarding these instructions.

DAILY WEAR:

- Remove the system at the end of each day before sleeping.
- System can be cleansed every 2-4 weeks.
- We recommend either SYNTHETIC or HUMAN hair for daily wear. The systems can be attached with either tape or clips, or a combination of both.
- To remove the system from your scalp, begin by gently lifting the system up from your scalp, sliding your thumbs around the perimeter between the system and your scalp to release the tape or the clips.
- If you remove the tape after each wearing, wipe the perimeter with alcohol before replacing the tape.
- Some clients put new tape right over the old tape a few times before replacing the tape entirely. Whatever works best for you is fine.

SYNTHETIC HAIR

We recommend synthetic hair for clients experiencing temporary hair loss due to chemotherapy.

Often insurance companies will cover a percentage of the cost of a “cranial prosthesis” (or wig). Be sure to check with your insurance provider about their coverage program. You may need to submit to them a prescription along with proof of purchase of your wig.

Synthetic wigs come in a wide variety of styles and colors. Ask your stylist for a recommendation of the color and style that’s right for you.

Wigs can be thinned and trimmed to fit your facial features, and the cap can also be tailored to fit your head perfectly.

CARE AND MAINTENANCE OF YOUR SYNTHETIC HAIR:

Don’t sleep in your wig (friction can cause frizzies).

Do use cool water when cleaning your wig.

Do use synthetic hair shampoo.

- Soak hair in about 6 cups of cool water with 1 teaspoon of baking soda.
- After 5 minutes, add ½ teaspoon of synthetic hair shampoo to the water.
- Plunge the wig into the solution with your hand a few times.
- Then rinse the wig well with cool water.
- Blot dry with a hand towel.
- Place wig on a styrofoam head or a folding wig stand.
- Comb into desired style with a large tooth comb.
- You can spray damp wig with styling gel and let dry overnight.